

MISSOURI WIC APPROVED COVID-19 MILK SUBSTITUTIONS EFFECTIVE APRIL 3, 2020

MILK ISSUED ON MISSOURI WIC CHECKS:

Whole Fat: Whole fat milk in a mixture of sizes (quarts, half gallons, gallons) is allowed up to total benefit issued on the check. All fat content varieties and a mixture of sizes (quarts, half gallons, gallons) up to total benefit issued on the check are allowed if whole fat milk is not available.

Example: GALLONS WHOLE MILK (WHITE/UNFLAVORED)

If gallons of whole fat milk are not available, WIC customers should first attempt to purchase whole fat milk in any combination of half gallons or quarts up to the total benefit issued on the check. If whole fat milk that equals up to the total benefit on the check is not available, WIC customers are allowed to purchase milk in any combination of fat content and size is allowed up to the total benefit issued.

2%: Two percent (2%) milk in a mixture of sizes (quarts, half gallons, gallons) is allowed up to total benefit issued on the check. All fat content varieties and a mixture of sizes (quarts, half gallons, gallons) up to total benefit issued on the check is allowed if 2% milk is not available.

Example: GALLONS MILK 2% (WHITE)

If gallons of 2% milk are not available, WIC customers should first attempt to purchase the 2% milk in any combination of half gallons or quarts up to the total benefit issued on the check. If 2% milk that equals up to the total benefit on the check is not available, WIC customers are allowed to purchase milk in any combination of fat content and size is allowed up to the total benefit issued.

Skim or 1%: Skim and 1% milk in a mixture of sizes (quarts, half gallons, gallons) is allowed up to total benefit issued on the check. All fat content varieties and a mixture of sizes (quarts, half gallons, gallons) up to total benefit issued on the check is allowed if skim or 1% milk are not available.

Example: GALLONS MILK: SKIM THRU 1% (WHITE)
GALLONS MILK: SKIM ONLY (WHITE)
GALLONS MILK: 1% (WHITE)

If gallons of skim or 1% milk are not available, WIC customers should first attempt to purchase skim or 1% milk in any combination of half gallons or quarts up to the total benefit issued on the check. If skim or 1% milk that equals up to the total benefit on the check is not available, WIC customers are allowed to purchase any combination of fat content and size is allowed up to the total benefit issued.

Note- Missouri WIC does not allow the purchase of organic or flavored milk.

This institution is an equal opportunity provider.

An EO/AA employer: Services provided on a nondiscriminatory basis. Individuals who are deaf, hard-of-hearing, or have a speech disability can dial 711 or 1-800-735-2966.

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MILK ISSUED ON MISSOURI EWIC CARDS:

Whole Fat: Only allowed to purchase whole fat milk in a mixture of sizes (quarts, half gallons, gallons) up to the total benefits on the card.

Food Description on eWIC Card: GALLON(S) WHOLE MILK (WHITE)

2%: Only allowed to purchase 2% in a mixture of sizes (quarts, half gallons, gallons) up to the total benefits on the card.

Food Description on eWIC Card: GALLON(S) REDUCED FAT MILK (1.5-2%)

Skim through 1%: WIC customers should only purchase 2% if skim or 1% are not available. If skim or 1% milk is not available, WIC customers are allowed to purchase skim, 1%, or 2% fat varieties in a mixture of sizes (quarts, half gallons, gallons) up to the total benefits on the card.

Food Descriptions on eWIC Card: GALLON(S) MILK - SKIM THRU 1% (WHITE)
GALLON(S) SKIM/NONFAT/FAT FREE MILK
GALLON(S) LOW FAT MILK - 1%

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